

SIMPLE CHANGES

for a safer home

Small adjustments can make everyday life at home safer, easier and more comfortable



Improve lighting

- Brighter bulbs in busy areas
- Motion lights at night



Add simple supports

- Grab rails in bathroom
- Handrails on stairs



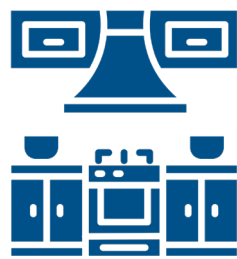
Increase stability

- Chairs with arms
- Avoid low, soft couches



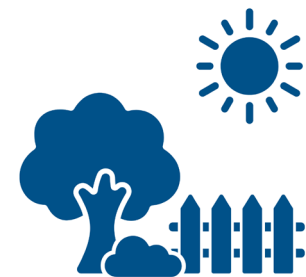
Reduce trip hazards

- Secure loose mats/rugs
- Keep walkways clear



Improve kitchen safety

- Store items at waist height
- Have clear bench space



Improve outdoor safety

- Non-slip mats on steps
- Clear moss and leaves



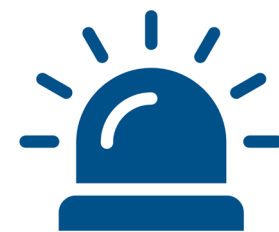
Make the bathroom safer

- Non-slip shower mat
- Shower chair & bath rails



Make the bedroom safer

- Clear path from bed to door
- Bedside or motion lights



Emergency help

- Phone within reach
- Contact list on fridge

Need more support?

CBS can help with everyday tasks, home safety and home modifications.
Talk to our team today to learn more.



**community
based support**
maximising client independence

1300 227 827
cbsaust.org.au

SAFER HOMES

How our services work

Eligibility, funding and assessment - What you need before CBS can help

To access Home Modifications, Maintenance, GEAT or Spring Cleaning/Garden Maintenance through CBS, you'll need to be eligible for government-funded aged care supports. Most people start by contacting My Aged Care for an assessment. Depending on your needs, you may be approved for CHSP (Commonwealth Home Support Programme) or Support at Home, each with different funding codes for home safety, equipment and maintenance.

For Home Modifications, an Occupational Therapist (OT) report is required before CBS can assess or quote any work. The OT identifies the risks in your home, recommends the right modifications, and ensures they meet your funding criteria. GEAT items may also require an OT recommendation depending on the type of equipment. Maintenance and Spring Cleaning/Garden Maintenance do not require an OT report. If you're unsure which program you're eligible for, or whether you need an OT, CBS can help you understand the steps and guide you toward the right starting point.

Once you have an OT report, CBS can:

- Review the recommendations
- Visit your home if needed
- Provide a quote
- Schedule the work

Our Safer Homes Services

Home Modifications (Home Mods)

Making your home safer and easier to move around.

Examples include:

- Grab rails and handrails
- Ramps and step-free access
- Bathroom and kitchen safety changes

OT report required before CBS can assess.

Home Maintenance

Small repairs and safety fixes to keep your home in good condition.

Examples include:

- Minor carpentry repairs
- Replacing light bulbs and smoke alarm batteries
- Small safety improvements that don't require an OT

No OT report needed.

Assistive Technology (GEAT)

Equipment that supports safety and independence at home.

Examples include:

- Shower chairs
- Mobility aids
- Small items that help with daily tasks

Some items require an OT recommendation. We can guide you.

Spring Cleaning and Garden Maintenance (SC/GM)

Helping you reset your home environment so it's safer and easier to manage.

Examples include:

- Decluttering
- Deep cleaning of key areas
- Lighting garden tidy-ups and pruning

No OT report needed.



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