

socialhub program

OCTOBER – DECEMBER
2026



Welcome

The October–December program offers a steady mix of hub days, local outings and simple social activities across New Town and Kingston. Participants can expect regular café visits, scenic drives, museum trips, gentle exercise, craft sessions and seasonal celebrations.

Some days focus on relaxed in-hub activities like baking, games, music, gardening and creative projects, while others feature lunches, BBQs, beach visits and special events.

Public holidays are observed, and the hub remains available on Mondays upon request. As the year progresses, the program includes festive gatherings, a Christmas lunch and a New Year celebration, providing plenty of opportunities to connect, explore and enjoy time with others.

We welcome your suggestions for future programs. If you have ideas for activities or events, please fill out our activity suggestion forms located in our hubs. Your input is valuable to us, and no suggestion is too big or small. We appreciate your involvement in shaping our program.

THURSDAY 1**FRIDAY 2****Lunch outing (K/NT)**

St. Lukes Soup Kitchen
Hobart

**Morning Tea outing (K/NT)**

The Forest and
Morning Tea

Hobart

**MONDAY 5****TUESDAY 6****WEDNESDAY 7****THURSDAY 8****FRIDAY 9****Hub closed (K/NT)**

May open upon request

Hub Day (K)

Chair Yoga

**Hub Day (NT)**

Chair Yoga

**Lunch outing (K/NT)**

Mathers House - Scrabble
with friends

Hobart

**Hub Day (K)**

Gardening

**Hub Day (NT)**

Gardening

**Museum outing (K/NT)**

Narryna Merchant's House

Battery Point

**MONDAY 12****TUESDAY 13****WEDNESDAY 14****THURSDAY 15****FRIDAY 16****Hub closed (K/NT)**

May open upon request

Hub Day (K)

Board Games

**Hub Day (NT)**

Board Games

**Hub Day (K)**

Music Day

**Hub Day (NT)**

Music Day

**TMAG outing (K/NT)**

Coffee and cake

Hobart

**Lunch outing (K/NT)**

Free variety show with light
lunch

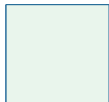
Sorell



MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Hub closed (K/NT) May open upon request	Hub Day (K) Book chat 	Lunch outing (K/NT) Hobart Workers Club Hobart  \$	Hub closed (K/NT) PUBLIC HOLIDAY	Hub Day (K) World Pasta Day 
	Hub Day (NT) Book chat 			Hub Day (NT) World Pasta Day 
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
Hub closed (K/NT) May open upon request	Hub Day (K) Halloween Theme Day 	BBQ outing (K/NT) Tolosa Park Glenorchy  \$	Lunch outing (K/NT) Long table lunch Mathers House Hobart  \$	Outing (K/NT) Come try Lawn Bowls Rodman Bowls Club Glenorchy  \$
	Hub Day (NT) Halloween Theme Day 			

Program details are subject to change. Please contact CBS for the most up to date program information.

October

	(NT) New Town hub activity
	(K) Kingston hub activity
	(NT/K) Joint hub activity

-  There is a cost associated with this activity. You will be required to pay on the day.
-  These activities are held at the hub.
-  These activities are out and about in the community.
-  Feature activities. (Book early!)

November

MONDAY 2

**Hub closed
(K/NT)**

May open upon request

TUESDAY 3

Hub Day (K)

Armchair Travel
Somewhere exotic



Hub Day (NT)

Armchair Travel
Somewhere exotic



WEDNESDAY 4

**Picnic and
exercise outing (K/NT)**

Simmons Park
Lindisfarne



THURSDAY 5

Hub Day (K)

Craft



Hub Day (NT)

Craft



FRIDAY 6

Wander & Coffee (K/NT)

Richmond Historic Village



MONDAY 9

**Hub closed
(K/NT)**

May open upon request

TUESDAY 10

Treasure Hunt (K/NT)

Combined hubs activity



WEDNESDAY 11

Picnic outing (K/NT)

Nutgrove Beach
Sandy Bay



THURSDAY 12

Hub Day (K)

Paint your favourite Tassie
animal or place



Hub Day (NT)

Paint your favourite Tassie
animal or place



FRIDAY 13

Lunch outing (K/NT)

Rhonda's Cafe
Bagdad

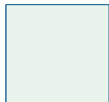


MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
Hub closed (K/NT) May open upon request	Hub Day (K) BBQ and baking 🏠	Wander & Coffee (K) Penny's Bakery Kingston 🚌\$	Lunch outing (K/NT) Rivulet Cafe Hobart 🏠	Hub Day (K) Paint a plate to take home 🏠
	Hub Day (NT) BBQ and baking 🏠	Wander & Coffee(NT) Penny's Bakery Rosny 🚌\$		Hub Day (NT) Paint a plate to take home 🏠

MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
Hub closed (K/NT) May open upon request	Arm chair travel (K/NT) New Town hub 🏠	Treasure Hunt outing (K/NT) Hobart Suburbs and ice-cream 🚌\$	Hub Day (K) Thanksgiving cooking 🏠	Bakery outing (K/NT) Brighton Bakery 🚌\$
			Hub Day (NT) Thanksgiving cooking 🏠	

MONDAY 30
Hub closed (K/NT) May open upon request

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	(NT) New Town hub activity
	(K) Kingston hub activity
	(NT/K) Joint hub activity



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These activities are held at the hub.



These activities are out and about in the community.



Feature activities. (Book early!)

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TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
Hub Day (K) Baking savoury scones 	Wander & Coffee (K/NT) Margate Train  	Picnic outing (K/NT) Waterworks Reserve Dynnyrne 	Hub Day (K) Smoothie making 
Hub Day (NT) Baking savoury scones 			Hub Day (NT) Smoothie making 

MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
Hub closed (K/NT) May open upon request	Hub Day (K) Baking cookies 	Hub Day (K) Board games 	Lunch outing (K/NT) Claremont RSL  	Lunch outing (K/NT) Foreshore Tavern Lauderdale  
	Hub Day (NT) Baking cookies 	Hub Day (NT) Board games 		

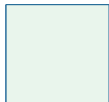
MONDAY 14	TUESDAY 15	WEDNESDAY 16	WEDNESDAY 17	FRIDAY 18
Hub closed (K/NT) May open upon request	Hub Day (K) BBQ in the hub 	Lunch outing (K/NT) Boardwalk Cafe Wrest Point 	Hub Day (K) Chair dancing 	Christmas Lunch outing (K/NT) Hobart TBC  
	Hub Day (NT) BBQ in the hub 		Hub Day (NT) Chair dancing 	

MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
Hub closed (K/NT) May open upon request	Hub Day (K) Cake 🏠	Hub Day (K) Christmas Celebration 🏠	BBQ outing (K/NT) Bellerive Beach 🚌	Hub closed (K/NT) PUBLIC HOLIDAY
	Hub Day (NT) Cake 🏠	Hub Day (NT) Christmas Celebration 🏠		

MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31
Hub closed (K/NT) May open upon request	Hub Day (K) New Year Celebration 🏠	Hub Day with morning Coffee drive thru outing (K/NT) Gioconda Coffee Claremont 🚌\$	Lunch outing (K/NT) Doctor Syntax Hotel 🚌\$
	Hub Day (NT) New Year Celebration 🏠		

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December

	(NT) New Town hub activity
	(K) Kingston hub activity
	(NT/K) Joint hub activity

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- 🚌 These activities are out and about in the community.
- ★ Feature activities. (Book early!)

Ageing Backwards movement program

The Ageing Backwards Movement Program is a fantastic opportunity for older adults to embrace gentle, effective exercise that improves mobility, balance, and overall well-being. Designed with accessibility in mind, this program helps participants reconnect with their bodies through tailored movements that focus on strength, flexibility, and reducing discomfort.

Led by experienced instructors who adapt exercises to individual needs, Ageing Backwards is perfect for anyone looking to regain confidence in movement, reduce stiffness, or stay active as they age.

This isn't just about physical fitness; it's also a chance to connect with others in a supportive, friendly environment. Whether you're easing back into exercise or managing ongoing aches and pains, the Ageing Backwards program provides a safe and welcoming space to invest in your health and happiness.

Tuesday 11am, Montrose Yacht Club

Thursday 1pm, New Norfolk RSL

Friday 11am, Montrose Yacht Club

Call us on **1300 227 827** to find out more.



Short notice cancellations

Just a reminder that should you need to cancel services at any time, please do so no later 48 hours before your services are scheduled to occur if you are receiving HACC, HCP or CHSP supports and no less than 7 days if you are receiving NDIS supports. Failure to do so will result in charges being incurred.

☎ Phone: 1300 227 827 or 6208 6600

✉ Email: social.group@cbsaust.org.au

✓ Visit: www.cbsaust.org.au

