

socialhub program

APRIL – JUNE
2026



Welcome

Our autumn program for April to June 2026 brings together a mix of outings, creative activities and easy social catch-ups. There's a good balance of picnics, coffee wanders, BBQs, local walks and visits to favourite cafés, along with relaxed in-hub sessions such as craft, cooking and games.

We'll also head along to the World Health Expo in April, offering free health checks and come together for the Generations Connect Fun Day later in April. In May, we'll host Australia's Biggest Morning Tea fundraiser, alongside celebrating a range of national celebration days throughout the season.

As always, there'll be the usual outings, scenic drives and hub activities to enjoy, with plenty to suit those who like getting out and those who prefer to stay closer to home.

We welcome your suggestions for future programs. If you have ideas for activities or events, please fill out our activity suggestion forms located in our hubs. Your input is valuable to us, and no suggestion is too big or small. We appreciate your involvement in shaping our program.

WEDNESDAY 1

Baking (K)
Making Easter buns
🏠

Baking (NT)
Making Easter buns
🏠

THURSDAY 2

Craft Day (K)
Easter artwork
🏠

Craft Day (NT)
Easter artwork
🏠

FRIDAY 3

HUB CLOSED

Public Holiday

MONDAY 6

HUB CLOSED

Public Holiday

TUESDAY 7

World Health Day (K)
Dancing in our seats
🏠

World Health Day (NT)
Dancing in our seats
🏠

WEDNESDAY 8

World Health Expo (K/NT)
Mathers House Hobart.
Free health tests and information
🚌★

THURSDAY 9

Lunch outing (K/NT)
Coal Valley Golf Club
Richmond
🚌\$

FRIDAY 10

Wander and coffee (K)
Client choice
🚌\$

Wander and coffee (NT)
Client choice
🚌\$

MONDAY 13

Craft Day (K)
Paint and colour
🏠

Craft Day (NT)
Paint and colour
🏠

TUESDAY 14

Lunch outing (K/NT)
Morningson Inn
🚌\$

WEDNESDAY 15







Combined Day (K/NT)
Scavenger Hunt with prizes
🏠






THURSDAY 16

Lunch outing (K/NT)
Bush Inn New Norfolk
🚌\$

FRIDAY 17

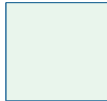


Combined cooking day (K/NT)
Making gourmet sandwiches
🏠





MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
Lunch outing (K/NT) Marquis of Hastings Hotel West Hobart  \$	BBQ outing (K/NT) Soundy Park North Hobart 	Lunch outing (K/NT) Velvet Cafe Sorell  \$	Combined Day (K/NT) Rummikub Marathon 	Baking (K) Anzac biscuits 
				Baking (NT) Anzac biscuits 

MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30
Combined Day (K/NT) Bellerive Quay coffee and wander 	Baking (K) Biscuits 	Generations Connect Fun Day (K/NT) PW1 	Lunch outing (K/NT) Grand Hotel Huonville  \$
	Baking (NT) Biscuits 		

Program details are subject to change. Please contact CBS for the most up to date program information.

April

-  (NT) New Town hub activity
-  (K) Kingston hub activity
-  (NT/K) Joint hub activity

-  There is a cost associated with this activity. You will be required to pay on the day.
-  These activities are held at the hub.
-  These activities are out and about in the community.
-  Feature activities. (Book early!)

May

FRIDAY 1

Craft Day (K)

Sip and draw



Craft Day (NT)

Sip and draw



MONDAY 4

Lunch outing (K/NT)

Old Chapel Inn



TUESDAY 5

BBQ outing (K/NT)

Gretna Green



WEDNESDAY 6

Lunch outing (K/NT)

Coal Valley Golf Club

Richmond



THURSDAY 7

Hub Day (K)

Gardening and games



Hub Day (NT)

Gardening and games



FRIDAY 8

Wander and coffee (K)

Kingston Beach



Wander and coffee (NT)

Lindisfarne Bakery



MONDAY 11

Mothers Day luncheon (K/NT)

The men are cooking



TUESDAY 12

Lunch outing (K/NT)

South Arm RSL



WEDNESDAY 13

Baking (K)

Biscuits



Baking (NT)

Biscuits



THURSDAY 14

Wander and coffee (K)

Pennys Bakery Kingston



Wander and coffee (NT)

Pennys Bakery Rosny



FRIDAY 15

National Choc Chip Day (K)



National Choc Chip Day (NT)



MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
National Museum Day (K/NT) TMAG + takeaways Hobart \$	Op shopping day (K) 	Lunch outing (K/NT) St. Marks Bellerive \$	International Tea Day (K) 	Biggest Morning Tea (K/NT) Mathers House Hobart \$
	Op shopping day (NT) 		International Tea Day (NT) 	

MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
National Towel Day (K/NT) Bring a towel to make a towel animal 	Hub Day (K) Crafts and games 	Lunch outing (K/NT) Rivulet Cafe \$ ★	National Burger Day (K) 	Lunch outing (K) Moonah Hotel & Cellars \$
	Hub Day (NT) Crafts and games 		National Burger Day (NT) 	Hub Day (NT) The Roost Bridgewater \$

	(NT) New Town hub activity
	(K) Kingston hub activity
	(NT/K) Joint hub activity


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MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
<p>National Meat Pie Day (K) 🏠</p>	<p>Combined outing (K/NT) Morning Tea at Oak Tree Village Kingston 🚌</p>	<p>Combined outing (K/NT) Aged Care/NDIS store tour Moonah 🚌</p>	<p>National Cheese Day (K/NT) 🏠</p>	<p>National Donut Day (K/NT) 🏠</p>
<p>National Meat Pie Day (NT) 🏠</p>				




MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
<p>HUB CLOSED Public Holiday</p>	<p>Lunch outing (K/NT) Morningson Inn 🚌💰</p>	<p>Hub Day (K) Craft and games 🏠</p>	<p>Lunch outing (K/NT) Granada Tavern Berriedale 🚌💰</p>	<p>Combined Day (K/NT) Scavenger Hunt with prizes 🏠</p>
		<p>Hub Day (NT) Movies and milkshakes 🏠</p>		





MONDAY 15	TUESDAY 16	WEDNESDAY 17	WEDNESDAY 18	FRIDAY 19
<p>Picnic outing (K/NT) Soundy Park North Hobart 🚌</p>	<p>National Vegemite Day (K/NT) 🏠</p>	<p>Lunch outing (K/NT) Lantern Centre Kingston 🚌💰</p>	<p>Combined hub day (K/NT) Movies and milkshakes 🏠</p>	<p>Lunch outing (K/NT) Claremont RSL 🚌💰</p>

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Hub BBQ (K/NT) New Town hub 	Lunch outing (K/NT) Hooked on Bellerive  \$	Op Shopping (K)  \$	Combined Day (K/NT) Rummikub Club Mornington \$5 Morning tea 	Lunch outing (K/NT) Rhondas at Bagdad  \$
		Op Shopping (NT)  \$		
MONDAY 29	TUESDAY 30			
International Mud Day (K/NT) 	Lunch outing (K/NT) RSL South Arm  \$			

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June

-  (NT) New Town hub activity
-  (K) Kingston hub activity
-  (NT/K) Joint hub activity

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Ageing Backwards movement program

The Ageing Backwards Movement Program is a fantastic opportunity for older adults to embrace gentle, effective exercise that improves mobility, balance, and overall well-being. Designed with accessibility in mind, this program helps participants reconnect with their bodies through tailored movements that focus on strength, flexibility, and reducing discomfort.

Led by experienced instructors who adapt exercises to individual needs, Ageing Backwards is perfect for anyone looking to regain confidence in movement, reduce stiffness, or stay active as they age.

This isn't just about physical fitness; it's also a chance to connect with others in a supportive, friendly environment. Whether you're easing back into exercise or managing ongoing aches and pains, the Ageing Backwards program provides a safe and welcoming space to invest in your health and happiness.

Tuesday 11am, Montrose Yacht Club
Thursday 1pm, New Norfolk RSL
Friday 11am, Montrose Yacht Club

Call us on **1300 227 827** to find out more.



Short notice cancellations

Just a reminder that should you need to cancel services at any time, please do so no later 48 hours before your services are scheduled to occur if you are receiving HACC, HCP or CHSP supports and no less than 7 days if you are receiving NDIS supports. Failure to do so will result in charges being incurred.

☎ Phone: 1300 227 827 or 6208 6600

✉ Email: social.group@cbsaust.org.au

✓ Visit: www.cbsaust.org.au

