

socialhub program

MARCH
2024



Welcome

Throughout the month of March, the Social Hub program offers a diverse range of engaging activities aimed at fostering social connection, creativity, and exploration for participants. Kicking off the program on Friday 1, the Cygnet hub hosts a Wind Spinners crafting session, while in New Town, participants can join in making a cake for afternoon tea.

As the month progresses, the hubs continue to offer a rich variety of experiences. Combined social hub activities include a tour of the Theatre Royal, a trip to Mount Field National Park to explore Russell Falls and an archery activity. Meanwhile, there's outings to parks, libraries and popular spots for lunch outings, alongside in-house activities such as drawing tutorials and crafting sessions. In addition to these activities, themed events like the St. Patrick's Day celebration add an extra layer of fun to the program.

If you have any suggestions for activities or events that you would like to see in the next program, please fill out our activity suggestion forms, which can be found in our hubs. We welcome all suggestions, big or small, and always value your input into the program. It's your day and we want to make sure you enjoy it to the fullest.

March

FRIDAY 1

Craft Day (C)

Make a wind spinner



Baking Day (NT)

Make a cake for afternoon tea



MONDAY 4

Theatre Royal Tour (NT/K)

\$12 entry



TUESDAY 5

Kingston Library visit (K)



Gardening Day (NT)

BBQ for lunch



WEDNESDAY 6

Huon Bush Retreats (K)

Packed lunch



Tynwald Park (NT)

BBQ lunch



THURSDAY 7

Project Day (K)

Make a hub photo mural



Project Day (NT)

Make a hub photo mural



FRIDAY 8

VDA Archery (C)

\$17 entry. Packed lunch



MONA Museum (NT)

\$ for coffee. Packed lunch



MONDAY 11

HUB CLOSED
8 Hour Day

TUESDAY 12

Mount Field (NT/K)

Trip to Russell Falls



WEDNESDAY 13

Project Day (K)

Make a hub photo mural



Project Day (NT)

Make a hub photo mural



THURSDAY 14

Craft Day (K)

Make a wind spinner



Craft Day (NT)

Make a wind spinner



FRIDAY 15

St. Patricks Day activities (C)
























Wear something green



St. Patricks Day activities (NT)

Wear something green



MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22
Craft Day (K) Make a hand fan 	Art Day (K) Drawing/Painting tutorial 	Alpaca Farm tour (NT/K) \$22.50 entry. Packed lunch   	MONA Museum (K) Packed lunch. \$ for coffee  	Easter celebrations (C) Feast and activities 
Craft Day (NT) Make a hand fan 	Art Day (NT) Drawing/Painting tutorial 		Glenorchy Library visit (NT) 	Games Day (NT) Bocce and ring toss challenge 
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
Craft Day (K) Your choice 	Franks Cider House (K) Lunch outing  	VDA Archery (NT/K) \$17 entry Packed lunch   	Easter celebrations (K) Feast and activities 	HUB CLOSED Good Friday
Craft Day (NT) Your choice 	Risdon Brook Hotel (NT) Lunch outing  		Easter celebrations (NT) Feast and activities 	

Program details are subject to change. Please contact CBS for the most up to date program information.



There is a cost associated with this activity. You will be required to pay on the day.



These activities are held at the hub.



These activities are out and about in the community.



Feature activities. (Book early!)



(NT) New Town hub activity

(K) Kingston hub activity

(C) Cygnet hub activity

(NT/K) Joint hub activity



Short Term Accommodation and Respite

CBS offers Short Term Accommodation (STA) respite services at our modern and comfortable property located in Kingston. Let us take care of your home away from home arrangements and tailor the experience just how you would like it.

It's a chance to try new things, enjoy the comforts of a home environment and recharge. As they say, a change is as good as a holiday. STA also means your family or carer can get some time to refresh too – everyone wins.



Support provided

- Nutrition
- Meal planning and cooking
- Personal care such as showering and dressing
- Taking medication
- Planning social outings with you



Short notice cancellations

Just a reminder that should you need to cancel services at any time, please do so no later 48 hours before your services are scheduled to occur if you are receiving HACC,

HCP or CHSP supports and no less than 7 days if you are receiving NDIS supports. Failure to do so will result in charges being incurred.

☎ Phone: 1300 227 827 or 6208 6600

✉ Email: social.group@cbsaust.org.au

✓ Visit: www.cbsaust.org.au

QUALITY
RESPECT
COLLABORATION
ACCOUNTABILITY

