



FREE Dementia Awareness Sessions

With

Dr Jane Tolman

Community Based Support Inc. has partnered with Dr Jane Tolman, arguably Tasmania's leading Dementia expert, to bring you **FREE** monthly Dementia Awareness information sessions.

At these sessions, Dr Tolman will discuss the following:

- ◆ What is Dementia?
- ◆ Why is it so prevalent in the 21st century?
- ◆ How do people get a diagnosis?
- ◆ What are the 3 stages of Dementia?
- ◆ How we can make a difference in the life of a person with Dementia?
- ◆ How can we get the support we need as carers of a person with Dementia?

When: Monday 25th February 2019

Monday 29th April 2019

Monday 27th May 2019

Monday 24th June 2019

Where: Community Based Support

24 Sunderland Street, Moonah

Time: 1.30pm to 3.30pm

These sessions are open to anyone who would like to learn more about this condition including carers, support staff and other interested community members.

RSVPs are essential, so please contact Emily or Taylah at Community Based Support on **1300 227 827** if you would like to attend one or more of these sessions.