



## FREE Dementia Awareness Sessions

With

**Dr Jane Tolman**

Community Based Support Inc. has partnered with Dr Jane Tolman, arguably Tasmania's leading Dementia expert, to bring you FREE monthly Dementia Awareness information sessions.

At these sessions, Dr Tolman will discuss the following:

- ◆ What is Dementia?
- ◆ Why is it so prevalent in the 21st century?
- ◆ How do people get a diagnosis?
- ◆ What are the 3 stages of Dementia?
- ◆ How we can make a difference in the life of a person with Dementia?
- ◆ How can we get the support we need as carers of a person with Dementia?

**When:** Tuesday 31st July 2018  
Tuesday 28th August 2018  
Tuesday 25th September 2018  
Tuesday 30th October 2018  
Tuesday 27th November 2018

**Where:** Launceston (Please RSVP for details)

**Time:** 1.30pm to 3.30pm

These sessions are open to anyone who would like to learn more about this condition including carers, support staff and other interested community members.

Attendee numbers are limited and **RSVPs** are essential, so please contact Julie at Community Based Support on **03 6338 1889** if you would like to attend one or more of these sessions.