

# Home Help

## Domestic Assistance Program

We can help you to stay in your home doing the things you enjoy best, by assisting you with light household duties such as vacuuming, cleaning, laundry and ironing.

### Location

Tasmania (coordinated from 24 Sunderland Street, Moonah).

### Who can access this service

Frail aged people, people with a mental illness, people with disability and their carers.

### Referral

To request this service, some clients must first register with either My Aged Care or TasCarepoint.

- I am 65 or over - I should first register with My Aged Care on 1800 200 422
- I am 64 or under - I should first register with TasCarepoint on 1300 769 699
- I am a carer - I should call CBS on 1300 227 827

Alternatively, you may contact CBS directly for assistance and/or further information.

### Allocation

Is dependent on the overall demand for the service, a client's individual needs and available. If this service is not available immediately, clients will be referred to TasCarepoint.

### Program details

Domestic assistance services can include:

- Vacuuming and mopping floors, cleaning the bathroom, bedroom and toilet and wiping benches.
- Dusting of clear and low surfaces.
- Washing and ironing of clothes - outer garments only.
- Bed making.
- Assistance with meal preparation where purchased meals are not appropriate.
- CBS staff can do your shopping and pay your bills for you when you are not able to.

\*Clients are responsible for providing all cleaning products and equipment for the allocated tasks. CBS will assist by providing a list of recommended cleaning products.

Unfortunately, we are not able to assist with the following tasks under the domestic assistance program.

- Cleaning windows, skirting boards or high areas.
- Moving heavy furniture.
- Lifting or moving heavy or awkward objects.
- Undertaking cleaning on hands and knees.
- Gardening, chopping wood or cleaning outdoor areas.
- Home maintenance jobs.
- Transporting client to appointments or taking the client shopping.

If you require any of the above, please contact us as we offer other programs that can provide these services.

### Enquiries

Ph: 1300 227 827

(Local call charges apply; calls from mobiles at applicable rates)

Monday – Friday 8.30am – 5pm (except public holidays). [admin@cbsaust.org.au](mailto:admin@cbsaust.org.au) [www.cbsaust.org.au](http://www.cbsaust.org.au)

### \*What does the service cost

Fees are discussed with clients during the assessment. No person will be denied assistance because of an inability to pay fees.

\*For prices on purchase 

