



## FREE Dementia Awareness Sessions

With

**Dr Jane Tolman**

Community Based Support Inc. has partnered with Dr Jane Tolman, arguably Hobart's leading Dementia expert, to bring you FREE monthly Dementia Awareness information sessions.

At these sessions, Dr Tolman will discuss the following:

- ◆ What is Dementia?
- ◆ Why is it so prevalent in the 21st century?
- ◆ How do people get a diagnosis?
- ◆ What are the 3 stages of Dementia?
- ◆ How we can make a difference in the life of a person with Dementia?
- ◆ How can we get the support we need as carers of a person with Dementia?

**When:** Monday 29th January 2018  
Monday 26th February 2018  
Monday 26th March 2018  
Monday 30th April 2018  
Monday 28th May 2018  
Monday 25th June 2018

**Where:** Community Based Support Inc.  
24 Sunderland Street, Moonah

**Time:** 1.30pm to 3.30pm

These sessions are open to anyone who would like to learn more about this condition including carers, support staff and other interested community members.

**RSVPs** are essential, so please contact Taylah or Shanelle at Community Based Support on **03 6208 6600** if you would like to attend one or more of these sessions.