

Personal Care Program

The Personal Care Program provides a range of personal services including dressing, showering, mobility assistance, medication prompting and meals - which help older people and people with disability to remain at home and leading independent lives.

Location

Tasmania (coordinated from 24 Sunderland Street, Moonah).

Who can access this service Frail aged people, people with mental illness, younger people with a disability and their carers

Referral

To request this service, all clients must first register with either My Aged Care or TasCarepoint.

- I am 65 or over - I should first register with My Aged Care on 1800 200 422
- I am under 65 - I should first register with TasCarepoint on 1300 769 699
- I am a carer - I should call CBS on 1300 227 827

Alternatively, you may contact CBS directly for assistance and/or further information.

Program details

Personal care services may include:

- Showering.
- Dressing and undressing.
- Grooming.
- Toileting.
- Monitoring and assistance with some medication.
- Assistance with mobility, prescribed exercises and therapy programs.
- Assistance with eating.
- Wiping over bathroom after use and light duties such as assisting with a load of washing, light vacuum and bed-making (depending on time).
- Safety monitoring equipment.

CBS can discuss equipment to assist clients to undertake personal care tasks independently.

Personal care does not include

- Lifting consumer during transfers.
- General domestic cleaning.
- Transport.

(If these tasks are required please call CBS and discuss with a coordinator).

Allocation

Is dependent on the overall demand for the service, a client's individual needs and available resources at the time.

*What does the service cost

Fees are discussed with clients during the assessment. No person will be denied assistance because of an inability to pay fees.

Funding

The Personal Care Program is funded by the Commonwealth Home Support Program and the Home and Community Care Program.

Enquiries

Ph: 1300 227 827

(Local call charges apply; calls from mobiles at applicable rates)

Monday – Friday 8.30am – 5pm (except public holidays).

admin@cbsaust.org.au
www.cbsaust.org.au

* For prices on purchased services please refer to 'Sale of Service Price Schedule'.

