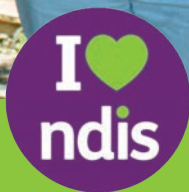


Disability Support



Do you need support?

Believe in yourself and your goals...
and Community Based Support will support you all the way.

Call us today on **1300 227 827**



community
based support

DISABILITY SERVICES
maximising client independence

Services Available

- Assistance with self-care activities;
- Assistance to access community, social and recreational activities;
- Assistance with personal domestic activities including learning skills to maintain your home independently;
- House and/or yard maintenance;
- House cleaning and other household activities;
- Individual skills development and training including learning how to use public transport and meal preparation;
- Group based activities in a centre including social groups and health and wellbeing activities like gentle exercise and water aerobics;
- Coordination of support.



About us!

Community Based Support is a Tasmanian not-for-profit organisation that's been helping people across Tasmania to live the life they choose since 1988.

Community Based Support provides in-home, centre-based and community-based support to people with disability and people with mental illness to enable them to remain living independently in the community.

Whether you're wanting to work towards writing your life story or climbing the Nut at Stanley, finding employment in an industry you feel passionate about, or you just want a hand to start your day, Community Based Support can help you to get the support you need to achieve your goals. Community Based Support will walk with you and guide you, right from the very start.



Registered NDIS Provider

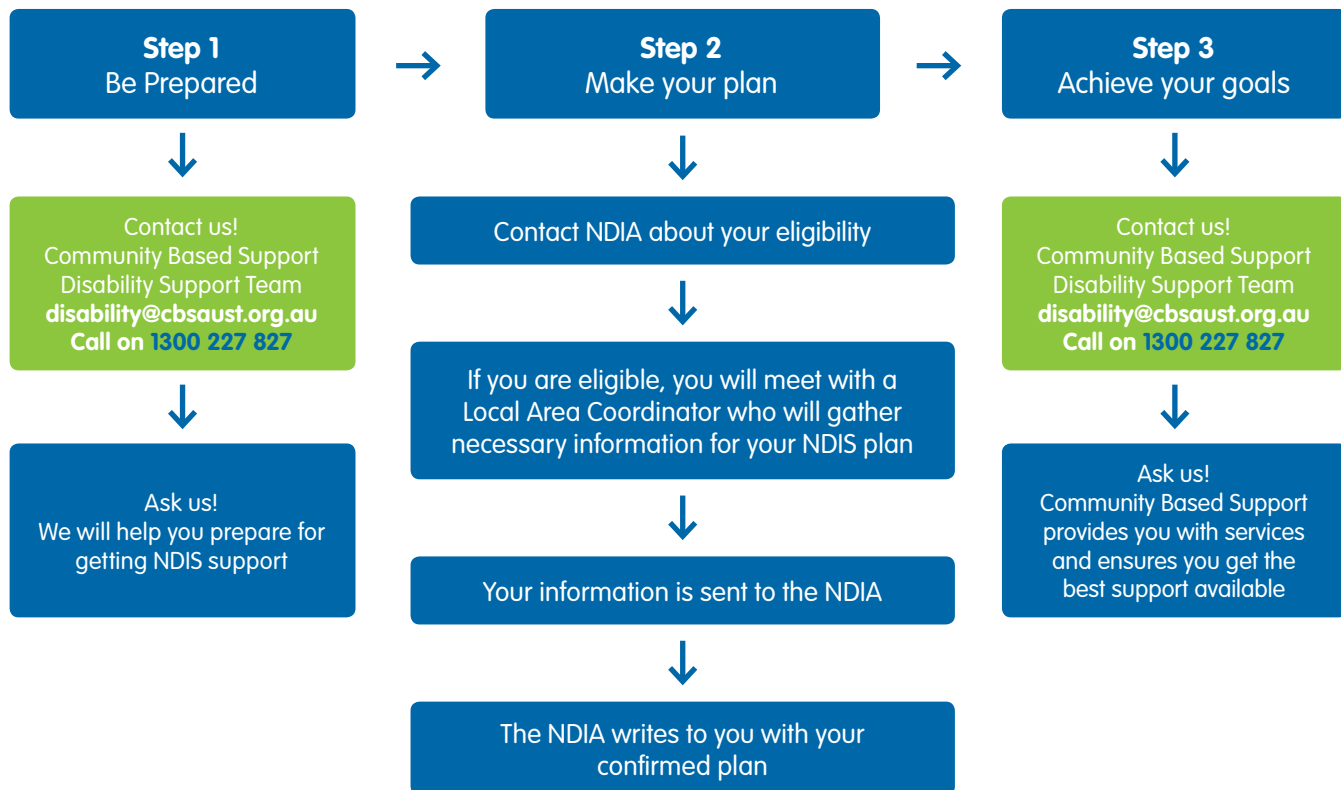
Call the **Disability Support Team** today on **1300 227 827** to talk about how we can support you to live the life you choose.

disability@cbsaust.org.au

I choose Community Based Support because...

"IT'S BEEN THE BEST THING I'VE EVER DONE. NOW I HAVE A LOT MORE FRIENDS, COMMUNITY BASED SUPPORT IS SENSATIONAL."

Darren, 52





**Call the Disability Support Team
today to talk about how we can
support you to live a life you choose.**

1300 227 827

North/North West Tasmania

03 6338 1899

Southern Tasmania

03 6208 6600



FREE CALL:

**Voice 1800 555 660
TTY 1800 555 630**

Disability Support Team

phone **1300 227 827**

email **disability@cbsaust.org.au**

web **www.cbsaust.org.au**

address **24 Sunderland Street,
Moonah, TAS 7009**

**42 Canning Street,
Launceston, TAS 7250**

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